

Diet - Atypical diet includes almond milk with coffee and eggs or cereal for breakfast, a glucerna shake for diabetics for lunch and a carb with a protein for dinner.

Exercise - occasionally walks but does not get much exercise

Safety - admits to wearing a seat belt

Sleep - sleeps well nightly and follows a regular sleeping pattern

### Review of Systems

General - Admits to fever, night sweats, fatigue and recent weight loss upon discharge from hospital after MI. Denies chills, weakness, loss of appetite or recent weight gain.

Skin, Hair, Nails - Admits to loss of hair - ongoing for years. Denies any changes in texture, excessive dryness or sweating, discolorations, pigmentations, moles/rashes or pruritus.

Head - Admits to random headaches. Denies vertigo, head trauma, unconsciousness, coma or fracture.

Eyes - Admits to wearing glasses and receiving artificial tears. Last eye exam unknown but says she's due for one. Denies wearing contacts, visual disturbances, fatigue, lachrimation, photophobia or pruritus.

Ears - Denies deafness, pain, discharge, tinnitus or use of hearing aids

Nose/Sinuses - Denies discharge, epistaxis or obstruction.

Mouth and Throat - Denies bleeding gums, sore tongue, sore throat, mouth ulcers, voice changes or dentures. Last dental exam - Sep 2019, unremarkable.

Neck - Admits to stiffness and decreased range in motion once in a while, unrelated to chest pain. Denies localized swelling or lumps.